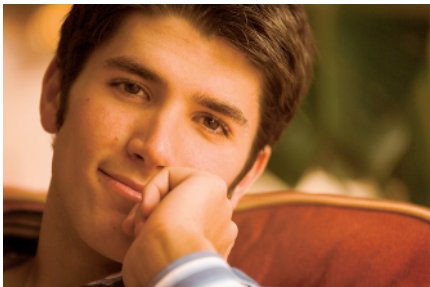


Contents

CHAPTER 1	Elements of Light	3
Understanding the Three Elements of Exposure		4
ISO		4
The aperture		6
The shutter		8
Dealing with Color Temperature		10
Learning about Kelvin		10
Seeing the color		11
Fluorescent bulbs		13
Setting White Balance		13
How white balance affects color temperature		13
What do the white balance icons mean?		14
How does changing the white balance affect the image?		15
Using flash		16
Using Auto White Balance		16
Changing the white balance in the computer		16
RAW or JPEG		18
Using Contrast to Create Mood		18
Contrast range		18
Working with contrast		19
High and low contrast		20
Working with the Quality of Light		21
Defining different kinds of light		21
Hard light		23
Soft light		23
Color in the light		24



CHAPTER 2	Understanding Your Equipment's Role in Lighting	29
Compact Digital Cameras		30
Digital SLR Cameras		34
Megapixels		34
Controlling your exposure		36
In-Camera Metering		37
On-Camera Flash		40
Built-in flash		40
Accessory flash units		42
Studio Lighting and Accessories		46
Studio strobes		46
Lighting accessories		48
Tripods		51
Cable release		53
Lens hoods		53

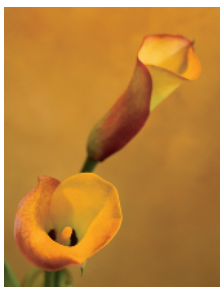


CHAPTER 3	Working with Outdoor Natural Light	57
Learning to Use the Meter		58
Working with shape and shadow		59
Dealing with light direction		65
Front light		65
Sidelight		67
Backlight		69
Fighting flare		71
Sunrise and Sunset		72
The golden hours of light		74
Watching the light before dawn and after sunset		76
Sunsets and clouds		77

Making Great Images with Overcast Lighting	81
Creating different moods with clouds	81
The drama of clouds	84
Bringing interest to the skies	86



CHAPTER 4	Working with Interior Light	93
Setting Your Exposure Inside		94
Seeing the Contrast Indoors		97
Working with Window Light		99
The qualities of window light		99
Direct light		100
Diffused light		102
Interiors		104
Mixing daylight with strobe		106
Mixing daylight with interior lights		108
Incandescent Light		111
Using the warm tones of incandescent lights		111
Incandescent light and white balance		111
Mixing incandescent and strobe		114
Fluorescent Light		115



CHAPTER 5	Lighting for Portraits and People	119
	Shooting Great Outdoor Portraits	120
	Finding the Best Light	121
	Creating Better Light	126
	Reflecting fill light	126
	Balancing sunlight with fill flash	128
	Creating a nice day	131
	Candids, Kids, and Environmental Photography	133
	Working with Groups	136

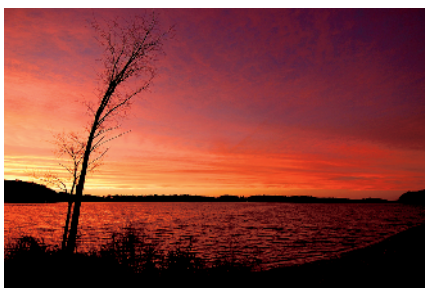


CHAPTER 6	Action, Sports, Motion, Blur	145
	It Is All About the Shutter	146
	Stopping Motion	147
	Running and biking	149
	Kids sports	152
	Slow Down to Show Motion	155
	Long Exposures to Show Motion	158
	Water and Nature	161
	Reflections	161
	Water in motion	161

Panning	164
Using Flash to Capture the Movement	166



CHAPTER 7	Lighting Scenarios in Landscape Photography	171
	Lighting Terminology	173
	Timing Your Landscape Exposures	174
	Before dawn	174
	Morning twilight	174
	Early morning light	176
	Mid-morning light	177
	Midday light	178
	Afternoon light	181
	Dusk	182
	After dusk	185
	Working with Overcast Light	186
	Using Filters to Enhance Your Shot	188
	Polarizing filter	189
	Graduated neutral density filter	190
	Shooting Landscapes in Fog	190

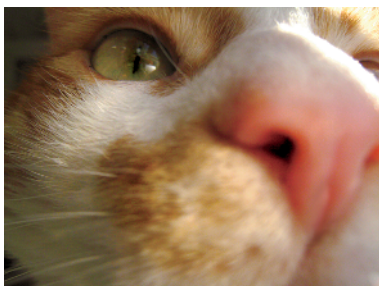


CHAPTER 8	Dealing with Change: Travel and Adventure Photography	195
Traveling Light: What to Take		196
Strobes and small reflectors		197
Memory cards and on-the-road backup		200
Batteries and power supplies		201
Shooting Street Photography		204
Candid situations		204
Setting up a shot		205
Paying for photographs		208
Capturing the essence of place		209
Museums, Churches, and Other Indoor Destinations		211
Considering the Weather Conditions		213
Preparing for Extremes		216



CHAPTER 9	Still Life and Macro Lighting	223
Capturing Great Light in Your Everyday Life		224
Principles of Design		226
Lighting for Close-Up and Macro Photography		231
Dealing with depth of field		232
Creating light for macro situations		234
Finding great light for flowers		236

Working with Macro mode	237
Using the Macro mode on a compact digital	238
Taking Product Photos	242



CHAPTER 10	Mastering Night and Low Light Photography	245
Your Best Friend, the Tripod		246
Capturing Skylines		246
Taking Photos at Dusk		249
Shooting in the afterglow		250
Shooting sunsets and silhouettes		253
Creating Soft, Moody Light with Low Light		256
Taking advantage of additional light sources in low light		258
Using rear sync in low light images		259
Matching long exposures with flash		260
Capturing the Motion of Lights		262
Long Exposures for Celebrations		264



Glossary	269
Index	273